

# How do you ask someone for a kidney?

## Consider the **BIG ASK TELL**

For most recipients, the road to receiving the gift of a living donor kidney does not involve a BIG ASK. For many recipients it was more about **THE BIG TELL**. Share with the people in your circle what you are going through at all stages. Some people may not know how serious your situation is or how they can help. You may be amazed at the support you receive and the people who want to help! Some people have appealed for a kidney through social media. Ambassadors can assist you in this if you would like support. Many of our Ambassadors have received a living donor transplant and are happy to share their stories. We are here to share!

