

Ontario Disability Support Program

Overview

If you have a disability and need help with your living expenses, you may be eligible for the Ontario Disability Support Program (ODSP).

ODSP offers:

- financial assistance to help you and your family with essential living expenses
- benefits, for you and your family, including prescription drugs and vision care
- help finding and keeping a job, and advancing your career

If you require immediate financial assistance, please contact your [local Ontario Works office](#) (you can also still apply for ODSP).

Types of support

ODSP offers two types of support:

1. **[Income support](#)** - Financial assistance provided each month to help with the costs of basic needs, like food, clothing and shelter. Income support also includes benefits, like drug coverage and vision care, for clients and their eligible family members.
2. **[Employment supports](#)** - Services and supports to help clients with disabilities find and keep a job, and advance their careers.

Eligibility and applying

Each type of support has its own eligibility requirements and application process.

- Income support

Eligibility: Financial need

Person with a disability

To qualify for ODSP income support, you must:

- be at least 18 years old
- be an Ontario resident
- be in financial need **and**
- meet the program's definition of a person with a disability, or be a member of a **[Prescribed Class](#)**



Note: If you're under 18, you can start the application process up to six months before your 18th birthday.

Financial need

You are considered to be in financial need if the costs of your household's basic living expenses are more than your household's income and assets (as determined by your ODSP caseworker).

When you apply for income support, a caseworker will ask you for specific documents that show:

- your household's housing and shelter-related costs
- any money coming into your household, as well as the value of assets belonging to members of the household

The caseworker will also need your signed consent to disclose and verify personal information. This allows the ODSP office to contact third parties and gather additional information needed to determine your eligibility for income support.

Only a caseworker can decide if you are financially eligible for ODSP, however, you may use the [Online Application for Social Assistance](#) to see if you might qualify and to start your application.

Note: If you're an Ontario Works client, your financial need has already been established. Speak to your caseworker if you want to apply for ODSP income support.

Person with a disability

Note: If you're a member of a [Prescribed Class](#), you don't have to meet this qualification. The program's [definition of a person with a disability](#) is found in the ODSP Act.

Meeting the definition means that:

- you have a substantial mental or physical impairment that is continuous or recurrent, and is expected to last one year or more **and**
- your impairment directly results in a substantial restriction in your ability to work, care for yourself, or take part in community life **and**
- your impairment, its duration and restrictions have been verified by an approved health care professional

Your caseworker will give you a Disability Determination Package for you and your health care provider(s) to fill out.

Specialized ministry staff will review your completed package to determine if you meet the program's definition of a person with a disability.

- [Applying](#)

Before you start your application

The results you get will be based on the information you provide. That's why it's important to be as accurate as you can.

To answer the questions, you will need specific information about you and the family members in your household.

To find out if you might be eligible for any programs, you will need:

- the first name for all family members
- dates of birth of all family members
- immigration status for all family members
- income for all family members
- assets for all family members
- your address
- your housing costs
- cost of expenses (such as child care and disability related work expenses)

It would also be helpful if you had the Social Insurance Number cards and the Ontario Health cards for all family members in your household.

To fill out the full online application, you will need information from other documents, for example:

- birth certificate
- immigration papers
- tax returns.

It's a good idea to get these documents together before you start filling out the online application.

List of documents you will need

What you need	For example
Name and date of birth from an official government document	<ul style="list-style-type: none"> • birth certificate, or • baptismal certificate, or • immigration papers, or • landing document, or • passport
Information on status in Canada, including the date you came to Canada (if you were not born in Canada)	<ul style="list-style-type: none"> • Canadian Citizenship card, or • Permanent Resident card, or • Record of Landing, or • passport

<p>Exact total amount of income (money that you and the members of your family receive), including start date and amount for each item</p>	<ul style="list-style-type: none"> • tax return, or income tax Notice of Assessment for the last year (for family members who are 18 years or older) • pay stubs (for family members who are 18 years or older) • statements from Canada Pension Plan (CPP) or other pension programs • Employment Insurance (EI) • Workplace Safety and Insurance Board (WSIB) • Old Age Security (OAS), Guaranteed Income Security (GIS) or Guaranteed Annual Income Security (GAINS) • student loans • child or spousal support agreements • sponsorship payments • any other type of income
<p>Exact total amount of assets, including value and date purchased for each item</p>	<ul style="list-style-type: none"> • cash • bank books or statements (including name of bank, transit number, account number and date account was opened) • life insurance policies • copies of savings bonds • statements for Registered Retirement Savings Plan (RRSP), Registered Disability Savings Plan (RDSP), Guaranteed Income Certificates (GIC), bonds or any other investments • etc.
<p>Information on other assets, including value and date purchased for each item</p>	<ul style="list-style-type: none"> • property you own, other than where you live • vehicle(s) you own • other valuables including jewellery • trusts • pre-paid funerals • etc.
<p>Exact total amount you pay for your housing (what you pay for where you live)</p>	<ul style="list-style-type: none"> • rent • board and lodging • utility bills • heating bills • mortgage agreement • property tax statement • home insurance premium statement

Employment information for family members with jobs	<ul style="list-style-type: none"> • start date of employment • employer name • monthly income from work
Exact or estimated child care expenses (if applicable)	<ul style="list-style-type: none"> • the amount you pay each month for unlicensed (e.g., babysitter) and/or licensed (day care centre) child care • extended day (school) program fees
Exact or estimated disability related work expenses (if applicable)	<ul style="list-style-type: none"> • the amount you pay each month for disability related items or services so you can work or participate in a training program. For example, attendant care, sign language interpreter services, specialized equipment, etc.
Exact or estimated specialized expenses for a child with a disability (if applicable)	<ul style="list-style-type: none"> • the amount you pay every year for items or services for a child with a disability. For example, transportation to medical appointments, special equipment or clothing, home repairs, etc.

- **Employment supports** We know many people with disabilities can work and want to work. That's why there are Ontario Disability Support Program employment supports.

If you have a disability, ODSP employment supports can help you find and keep a job, or advance your career. **Community-based service providers** across Ontario deliver ODSP employment supports.

Eligibility

To qualify for employment supports, you must:

- be at least 16 years old
- be an Ontario resident
- be legally allowed to work in Canada
- have a substantial physical or mental disability that is expected to last a year or more, and makes it hard for you to find or keep a job

You don't have to be receiving income support from ODSP to be eligible for employment supports.



Applying

You can print out the application package using the links below, or call/visit your **local ODSP office** to request a package and get more information about specific services where you live.

The application package contains these forms:

- **Application for Employment Supports**
<http://www.forms.ssb.gov.on.ca/mbs/ssb/forms/ssbforms.nsf/MinistryDetail?OpenForm&ACT=RDR&TAB=PROFILE&ENV=WWE&NO=006-2882E>
- **Verification of Disability/Impairment**
<http://www.forms.ssb.gov.on.ca/mbs/ssb/forms/ssbforms.nsf/MinistryDetail?OpenForm&ACT=RDR&TAB=PROFILE&ENV=WWE&NO=006-2884>

If you are already receiving ODSP income support, you do not need to complete the Verification of Disability/Impairment form.

If you are not receiving ODSP income support, the Verification of Disability/Impairment form must be completed by an approved, health care professional who can describe your disability/impairment and explain how it impacts your ability to find and keep work.

You must sign the “Consent to Release Medical Information” section included in this form, before taking it to an approved healthcare professional.

Local ODSP offices

East Region

Belleville

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
470 Dundas Street East Unit #30
Belleville ON K8N 1G1

Tel: (613) 962-9562
Toll Free: 1-800-267-4355
TDD/TTY: (613) 962-2927
Fax: (613) 966-9788

Brockville

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
100 Strowger Blvd, Suite 105
Brockville ON K6V 5J9

General Inquiry: (613) 345-1200



Toll Free: 1-800-267-0834
TTY: (613) 345-0751
Fax: (613) 345-1332

Cornwall

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
4 Montreal Road
3rd Floor
Cornwall ON K6H 1B1

General Inquiry: (613) 932-3381
Toll Free: 1-800-565-5374
TDD/TTY: (613) 703-1621 / 1-855-878-0665
Fax: (613) 933-0354

Services available in French and English

Hawkesbury

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
692 Main Street East
Hawkesbury ON K6A 1B4

Tel: (613) 632-1171
Toll Free: 1-800-565-4431
TDD/TTY: (613) 632-1388
Fax: (613) 632-6805

Services available in French and English

Kingston

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
1055 Princess Street
1st Floor
Kingston, ON K7L 5V1

Tel: (613) 545-4553
Toll Free: 1-800-267-0236
TDD/TTY: (613) 545-4532
Fax: (613) 545-4550

Services available in French and English

Lindsay

Ministry of Community and Social Services
Ontario Disability Support Program



Income and Employment Supports
322 Kent Street, 2nd Floor
Lindsay ON K9V 4T7

General Inquiry: (705) 324-6128
Toll Free: 1-800-565-3554
TTY: (705) 324-7935
Fax: (705) 324-5244

Oshawa

Ministry of Community and Social Services
Ontario Disability Support Program (ODSP)
Special Services at Home (SSAH)/
Assistance for Children with Severe Disabilities (ACSD)
850 King Street West
Oshawa ON L1J 2L5

Main Line: 905-440-1030
Toll-Free: 1-800-722-1196
TTY: 905-433-3950
ODSP Fax: 905-433-7650
SSAH/ACSD Fax: 905-433-7030

Ottawa

Ministry of Community and Social Services
Ontario Disability Support Program
Income Support and Employment Supports
351 Preston Street
2nd floor
Ottawa ON K1S 2T7
General Inquiry: (613) 234-1188
Toll Free: 1-800-267-5111
TTY: (613) 787-3959
Fax: (613) 783-5958

Services available in French and English

Pembroke

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
162 Agnes Street
Pembroke ON K8A 0C9

General Inquiry: (613) 735-1073
TTY: (613) 735-7005
Toll Free: 1-800-267-0112
Fax: (613) 735-6256

Services available in French and English



Peterborough

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
360 George Street North, 2nd Floor
Peterborough ON K9H 7E7

Tel: (705) 742-9292
Toll Free: 1-800-663-8560
TDD/TTY: (705) 742-8915
Fax: (705) 742-8048

Renfrew

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
450 O'Brien Road
Suite 201
Renfrew ON K7V 3Z2

General Inquiry: (613) 432-4886
Toll Free: 1-800-267-5872
TTY: (613) 432-8584
Fax: (613) 432-9872

Smiths Falls

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
91 Cornelia Street West, Suite A7
Smiths Falls ON K7A 5L3

Tel: (613) 283-1165
Toll Free: 1-800-267-7911
TDD/TTY: (613) 283-1256
Fax: (613) 283-1121

North Region

Bracebridge

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
50 Ball's Drive, Suite 1
Bracebridge ON P1L 1T1

General Inquiry: (705) 645-8718
Toll Free: 1-800-665-9718
TTY: (705) 645-7904
Fax: (705) 645-7568



Kenora

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
720 Robertson Street
Postal Box 5400
Kenora ON P9N 3X9

Tel: (807) 468-2400
Toll Free: 1-800-268-2970
TDD/TTY: (807) 468-2866

Kirkland Lake

Ministry of Children, Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
145 Government Road West
Kirkland Lake ON P2N 2E8
Phone: 705-567-3391 / 1-800-461-4961
Fax: 705-567-5011

Services available in French and English

North Bay

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
621 Main Street West
North Bay ON P1B 2V6

General Inquiry: (705) 474-3540
Toll Free: 1-800-461-6977
TTY: (705) 474-7665
Fax: (705) 474-3830

Services available in French and English

Sault Ste. Marie

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
341 Queen Street East
Sault Ste. Marie ON P6A 1Z2

Tel: (705) 253-2001
Toll Free: 1-800-825-7593
TDD/TTY: (705) 253-2091

Services available in French and English



Sudbury

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
199 Larch Street, 5th Floor
Sudbury ON P3E 5P9

Tel: (705) 564-4515
Toll Free: 1-800-461-1167
TDD/TTY: (705) 564-3233
TDD/TTY Toll Free: (866) 883-8689

Services available in French and English

Thunder Bay

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
435 James Street South, Suite 111
Thunder Bay ON P7E 6S7

Tel: (807) 473-3130
Toll Free: 1-800-465-5561
TDD/TTY: (807) 473-3151
TDD/TTY Toll Free: 1-800-544-6443
Fax: (807) 475-1475

Services available in French and English

Timmins

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
5520 Highway 101 East, P.O. Bag 3040
Ontario Government Complex
South Porcupine ON P0N 1H0

Tel: (705) 235-1700
Toll Free: 1-800-461-9843
TTY: (705) 235-1786
Fax: (705) 235-1778

Services available in French and English



Central Region

Barrie

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
34 Simcoe Street
Barrie ON L4N 6T4

Tel: (705) 737-1311
Toll Free: 1-800-461-7551
TDD/TTY: (705) 737-9601
Fax: (705) 737-4197

Services available in French and English

Brampton

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
370 Main Street North, Unit 2
Brampton ON L6V 4A4

Tel: (905) 460-5025
Toll Free: 1-877-466-5025
TTY: (905) 460-2590
Fax: (905) 455-8900

Services available in French and English

Burlington

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
2180 Itabashi Way
Unit #1, Building B
Burlington ON L7M 5A5

Tel: (905) 637-4500
Toll Free: 1-800-567-6388
TTY: (905) 681-0720
Fax: (905) 681-0422

Cambridge

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
73 Water St. N., Suite 400
4th Floor
Cambridge ON N1R 7L6



Tel: (519) 623-1230
Toll Free: 1-888-214-0738
TDD: (519) 623-6593
Fax: (519) 623-4752

Guelph

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
1 Stone Road W., 1st Floor
Guelph, Ontario
N1G 4Y2

Tel: (519) 822-7500
Toll Free: 1-800-567-2953
TDD/TTY: (519) 822-1561
Fax: (519) 837-0789

Kitchener/Waterloo

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
715 Fischer Hallman Road
Unit 301
Kitchener ON N2E 4E9

Tel: (519) 886-4700
Toll Free: 1-800-441-9820
TDD: (519) 886-8304
Fax: (519) 886-8997

Newmarket

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
17310 Yonge Street
Unit 1 Newmarket ON L3Y 7R8

Tel: (905) 868-8900
Toll Free: 1-877-669-6658
TDD/TTY: (905) 715-7759
Fax: (905) 715-7662

Mississauga

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
4 Robert Speck Parkway, 14th floor
Mississauga ON L4Z 1S1

Tel: (905) 897-3100
Toll Free: 1-800-361-0897
TDD/TTY: (905) 897-3109
Fax: (905) 897-5129



Services available in French and English

Orillia

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
425 West St. North, Unit #8
Orillia ON L3V 7R2
General Inquiry: (705) 325-7408
Toll Free: 1-800-565-9871
TTY: (705) 325-3887
Fax: 1-855-576-5575

Services available in French and English

Toronto Region

Downtown Toronto

Ministry of Community and Social Services
Wellesley Place - Ontario Disability Support Program
111 Wellesley St. E
Toronto ON M4Y 3A7
General Inquiry: 416-326-3344
TTY: 416-326-2914
Fax: 416-314-3843

Contact this office if your postal code starts with:

M4K, M4L, M4M, M4X, M4Y, M5A, M5B, M5G

Parkdale

Ministry of Community and Social Services
Ontario Disability Support Program
340 Dufferin Street
Toronto, ON M6K 1Z9
Phone: 416-531-6001
Fax: 416-531-2280
TTY: 416-531-3028

Contact this office if your postal code starts with:

M5E, M5C, M5H, M5J, M5K, M5L, M5R, M5S, M5T, M5V, M5W, M5X, M6G, M6J, M6K, M6R, M6S,
M8V, M8W, M8X, M8Y, M8Z

Yorkgate

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
1 York Gate Blvd, North York
North York ON M3N 3A1



General Inquiry: 416-325-5900

TTY: 416-325-5846

Fax: 416-325-5901

Contact this office if your postal code starts with:

M3J, M9P, M3K, M9R, M3L, M9L, M9V, M3M, M9M, M9W, M3N, M9N

Willowdale

Ministry of Community and Social Services

Ontario Disability Support Program

Income and Employment Supports

47 Sheppard Ave E, 6th Floor

Toronto ON M2N 5X5

General Inquiry: (416) 314-6514

TDD/TTY: 416 314-3596

Fax: 416 314-6769

Services available in French and English

Contact this office if your postal code starts with:

M1T, M2P, M4P, M5P, M1W, M2R, M4R, M2H, M3B, M4S, M2J, M3C, M4T, M2K, M3H, M4V, M2L, M4G, M4W, M2M, M4H, M5M, M2N, M4N, M5N

Golden Mile

Ministry of Community and Social Services

Ontario Disability Support Program

Income and Employment Supports

1880 Eglinton Avenue East

Toronto, ON M1L 2L1

General Inquiry: 416 212-2807

TTY: 416-212-5426

Fax: 416-350-8441

Contact this office if your postal code starts with:

M1K, M1L, M1N, M1R, M3A, M4A, M4B, M4C, M4E, M4J

Malvern

Ministry of Community and Social Services

Ontario Disability Support Program

5639 Finch Avenue East, 2nd Floor

Toronto, ON M1B 5S7

Phone: 416-314-0261

Fax: 416-860-7588

TTY: 416-314-0729

Contact this office if your postal code starts with:

M1B, M1C, M1E, M1G, M1H, M1J, M1M, M1P, M1S, M1V, M1X



Lawrence Heights

Ministry of Community and Social Services
Ontario Disability Support Program
786 Lawrence Ave West
Toronto, Ontario
M6A 0B5
Phone: 416-212-6757
Fax: 416-212-7227
TTY: 416-212-7248

Contact this office if your postal code starts with:

M6A, M6E, M6N, M9A, M6B, M6H, M6M, M9B, M6C, M6L, M6P, M9C

West Region

Brantford

Ministry of Community and Social Services
Ontario Disability Support Program
195 Henry Street, Building 4, Unit 2,
Brantford ON N3S 5C9

Tel: (519) 756-5790
Toll Free: 1-866-729-2228
TDD/TTY Toll Free: 1-888-814-7005
TDD/TTY: (519) 756-3693
Fax number: 519-756-2320

Chatham

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
1023 Richmond Street
PO Box 685
Chatham ON N7M 5K8

Tel: (519) 352-5040
Toll Free: 1-800-265-2705
TDD/TTY: (519) 352-6008
Fax: (519) 352-2813

Services available in French and English

Hamilton

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
119 King St. West, 3rd Floor
Hamilton ON L8P 4Y7



Tel: (905) 521-7280
Toll Free: 1-800-561-0369
TDD/TTY: (905) 546-8276
TDD/TTY Toll Free: 1-866-221-2229
Fax: (905) 546-8284

Services available in French and English

London

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
217 York Street, 3rd Floor
Box 5217
London ON N6A 5R1

Tel: (519) 438-5111
Toll Free: 1-800-265-4197
TDD/TTY: (519) 663-5276
Fax: (519) 672-4683

Services available in French and English

Owen Sound

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
1400 1st Avenue West
P.O Box 697
Owen Sound ON N4K 5R4

Tel: (519) 376-1951
Toll Free: 1-800-265-3790
TDD/TTY: (519) 376-3307
Fax: (519) 376-4544

Sarnia

Lambton Shared Services Centre
Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
150 Christina Street North
Sarnia ON N7T 8H4

Tel: (519) 337-3735
Toll Free: 1-800-663-7633
TDD/TTY: (519) 337-4804
Fax: (519) 337-7122

Simcoe

Ministry of Community and Social Services
Ontario Disability Support Program



Income and Employment Supports
25 Kent Street North
Simcoe ON N3Y 3S1

Tel: (519) 426-9350
Toll Free: 1-800-265-8071
TDD/TTY: (519) 426-0351
Fax: 519-426-7909

Stratford

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
1A-63 Lorne Avenue East, RR3
Stratford , ON N5A 6S4

Tel: (519) 271-1530
Toll Free: 1-800-565-5762
TDD/TTY: (519) 271-0124
Fax: (519) 271-9971

St. Catharines

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
301 St. Paul Street, Mezzanine Floor
Garden City Tower
St. Catharines ON L2R 7R4

Tel: (905) 688-3022
Toll Free: 1-800-263-5413
TDD/TTY: (905) 688-1140
Fax: 905-688-2904

Services available in French and English

Windsor

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
270 Erie Street East
PO Box 1810, Station A
Windsor ON N9A 7E3

Tel: (519) 254-1651
Toll Free: 1-800-387-7327
TDD/TTY: (519) 254-4850
Fax: (519) 255-7976

Services available in French and English



Woodstock

Ministry of Community and Social Services
Ontario Disability Support Program
Income and Employment Supports
480 Peel Street
Woodstock ON N4S 1K2

Tel: (519) 537-5579
Toll Free: 1-800-461-7296
TTY: (519) 537-8492
Fax: (519) 537-8529

Resources

The links below will take you to policy directives that are used by ODSP staff to help ensure fair and consistent service across the province.

- **[Income support](https://www.mcass.gov.on.ca/en/mcass/programs/social/directives/index.aspx#is)** <https://www.mcass.gov.on.ca/en/mcass/programs/social/directives/index.aspx#is>
- **[Employment supports](https://www.mcass.gov.on.ca/en/mcass/programs/social/directives/index.aspx#es)**
<https://www.mcass.gov.on.ca/en/mcass/programs/social/directives/index.aspx#es>